



MONTH of FEBRUARY

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Gluten Free Cheeseburger Pie Carrots Salad and Fruit Bar	2 Gluten Free Macaroni and Cheese Broccoli Salad and Fruit Bar	3 NO SCHOOL
6 Gluten Free Grilled Cheese Tomato Soup Salad and Fruit Bar	7 Chicken Patties Roasted Potatoes Salad and Fruit Bar	8 Gluten Free Build your Tacos Lettuce, cheese Salad and Fruit Bar	9 Chicken Alfredo Pasta Green Beans Salad and Fruit Bar	10 Fish Sandwich Chips Salad and Fruit Bar
13 Hamburg Tomato Macaroni Soup Bagels Salad and Fruit Bar	14 Gluten Free Waffles- Sausage Strawberries Yogurt Salad and Fruit Bar Valentine's Day	15 Gluten Free Chicken Quesadillas Salsa, sour cream Beans Salad and Fruit Bar	16 Gluten Free Meatballs /Marinara Over Rotini Pasta Cheesy Bread Salad and Fruit Bar	17 Early Dismissal No Lunch
20 Gluten Free Turkey Sandwiches Chips Yogurt parfaits Salad and Fruit Bar	21 Gluten Free Grilled Sliced Teriyaki Chicken Potato Fritters Salad and Fruit Bar	22 Gluten Free Beef a Roni Squash WW roll Salad and Fruit Bar	23 Gluten Free Pulled Pork Sandwiches Beans Coleslaw Salad and Fruit Bar	24 Gluten Free Pizza Lettuce, tomatoes, carrots, cucumbers
27 WINTER BREAK VACATION	28 WINTER BREAK VACATION			

Due to USDA regulations a second serving is not allowed. To ensure the kids are getting enough to eat especially those in sports the daily salad bar has TURKEY, HAM, CHEESE, HARD BOILED EGGS, and YOGURT

LETTUCE, TOMATOES, CUCUMBERS, CARROTS, and RED YELLOW ORANGE PEPPERS Milk is 1% white or Chocolate. **GLUTEN FREE LUNCHES ARE IN BOLD TYPE ABOVE.**

PLEASE REMIND YOUR CHILD TO LET HOMEROOM TEACHER KNOW THEY WILL EAT GLUTEN FREE.

PLEASE FEEL FREE TO EMAIL ME WITH QUESTIONS: shulslander@materchristischool.net