



OCTOBER 2017

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	2- chicken Quesadillas Salad Fruit Bar GF option	34 Fish Sticks & Waffle Fries Salad/Fruit Bar	4 Grilled Ham and Cheese w/ Tomato Soup Salad/Fruit Bar GF option	5 Scrambled eggs, bacon, home fries Salad/Fruit Bar GF	6 Chicken Stir Fry Brown Rice Salad/Fruit Bar GF	7
8	9 Mac n' Cheese Salad/fruit bar	10 Taco Tuesday (seasoned beef, fillings) Salad/fruit bar GF option	11 Chicken Fingers Fries Salad/Fruit bar	12 PARENT TEACHER CONFRENCES NO SCHOOL	13 PARENT TEACHER CONFRENCES NO SCHOOL	14
15	16 NO SCHOOL	17 French toast sticks, breakfast sausage Salad/Fruit Bar	18 Chicken Caesar Salad Salad/Fruit Ba GF	19 Tilapia, Rice Pilaf, Green Beans Salad/Fruit Bar GF	20 Spaghetti & Meatballs Salad/Fruit Bar	21
22	23 Breakfast sandwiches (Ham, egg & cheese) Salad/Fruit Bar	24 Taco Tuesday (chicken and toppings) Salad Fruit Bar GF option	25 Cheese Burgers Three Bean Salad Salad/Fruit Bar GF option	26 Cheese or Pepperoni Pizza Salad/Fruit Bar	27 Corn Dogs Cole Slaw Salad/Fruit Bar	28
29	30 French Toast Sticks, Bacon. Salad/Fruit Bar	31 Happy Halloween! Pork Lo-Mein Salad/Fruit Bar				