


MONTH of NOVEMBER

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Turkey Sandwich Bar Salad Bar – Fresh Fruit	2 Cheese Ravioli & Garlic Bread Salad Bar – Fresh Fruit	3 Chicken Fingers & Seasoned Fries Salad Bar – Fresh Fruit	4
5	6 English Muffin Pizzas Cheese or Pepperoni Salad Bar – Fresh Fruit	7 Taco Tuesday Seasoned Beef or Chicken with Fixings. Salad Bar – Fresh Fruit	8 Fried Chicken, Creamed Corn & rolls Salad Bar – Fresh Fruit	9 Pork Fried Rice & Egg Roll Salad Bar – Fresh Fruit	10 Bagels and Cream Cheese with Side of Bacon Salad Bar – Fresh Fruit	11
12	13 Chicken Alfredo with Broccoli Salad Bar – Fresh Fruit	14 Philly Cheese Steaks Salad Bar – Fresh Fruit	15 Chicken Parmesan Garlic Bread Salad Bar – Fresh Fruit	16 Tuna Melts Chips Salad Bar – Fresh Fruit	17 American Chop Suey Salad Bar – Fresh Fruit	18
19	20 Thanksgiving Dinner Turkey, Roast Potatoes, Stuffing, Cranberry Sauce Salad Bar – Fresh Fruit	21 ½ Day No Lunch	22 Thanksgiving Break No School	23 HAPPY THANKSGIVING	24 Thanksgiving Break  No School	25
26	27 Beef Stroganoff with Egg Noodles & Green Beans Salad Bar – Fresh Fruit	28 Breakfast Sandwiches (Sausage, Egg, Cheese) Salad Bar – Fresh Fruit	29	30		

November Notes:

Whole Grain or Whole Wheat is used for pastas and breads.

Milk served daily include 1% or skim white milk and fat free chocolate, apple juice will be available as an alternative on Fridays.

Salad Bar:

Daily Items: Fresh Greens, Cherry Tomatoes, Cucumbers, Carrot Sticks, Yogurt: Vanilla, Strawberry, or Blueberry, and Two Types of Fruit

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