



OCTOBER

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Pizza Cheese or Pepperoni Salad Bar - Fresh Fruit	2 Chicken Tacos Tuesday (soft shell and all the fixings) Salad Bar - Fresh Fruit	3 BBQ Pulled Pork sandwiches w/coleslaw Salad Bar - Fresh Fruit	4 Romagna Bolognese with Breadsticks Salad Bar - Fresh Fruit	5 Grandparents Day No Lunch	6
7	8 Penne w/Creamy Pesto, Chicken, Broccoli & Breadsticks Salad Bar - Fresh Fruit	9 Shepherd's Pie & Dinner Roll Salad Bar - Fresh Fruit	10 French Toast Sticks with Bacon & VT maple Syrup Salad Bar - Fresh Fruit	11 Chicken Salad Sandwiches and Pretzels Salad Bar - Fresh Fruit	12 Chili with Cheddar Cheese, Sour Cream and Tortilla Chips Salad Bar - Fresh Fruit	13
14	15 No Lunch	16 Breakfast Sandwiches (sausage, egg and cheese on English muffin) Salad Bar - Fresh Fruit	17 Spaghetti and Meatballs with Breadsticks Salad Bar - Fresh Fruit	18 Philly Cheesesteaks & Potato Chips Salad Bar - Fresh Fruit	19 Chicken Fingers and Fries Salad Bar - Fresh Fruit	20
21	22 English Muffin Pizza Salad Bar - Fresh Fruit	23 Beef Tacos (soft shell with all the fixings) Salad Bar - Fresh Fruit	24 Chicken Patty Sandwiches with Pasta Salad Salad Bar - Fresh Fruit	25 Parent - Teacher Conferences No School	26 Parent - Teacher Conferences No School	27
28	29 Chicken Lo Mein with Dumplings Salad Bar - Fresh Fruit	30 Roast Beef Sandwiches with goldfish Salad Bar - Fresh Fruit	31 Chicken Parmesan with Buttered Noodles and Green Beans Salad Bar - Fresh Fruit	HAPPY	HALLOWEEN	

Salad Bar includes: Greens, red/yellow/orange peppers, broccoli, croutons, hard boiled eggs, ham, yogurt, cucumbers, baby carrots, and a variety of fruits.

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