



JANUARY 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	31 No School	1 No school	2 No School	3 Chicken Fingers and Fries Salad/Fruit Bar	4 PIZZA Cheese or Pepperoni Salad/Fruit Bar	5
6	7 Cheese Ravioli & Breadsticks with Green Beans Fruit and Veggie Bar	8 Taco Tuesday (Seasoned Beef & all the fixings) Fruit and Veggie Bar	9 Chicken Patty Sandwiches, Sweet Potato Fries Fruit and Veggie Bar	10 Cheeseburgers & Pasta Salad Fruit and Veggie Bar	11 Stir-Fry and Dumplings (with brown rice, pork, & veggies) Fruit and Veggie Bar	12
13	14 Chicken Parm with Buttered Noodles & Green Beans Fruit/Veggie bar	15 Shepherd's Pie w/ Bread & Butter Fruit and Veggie Bar	16 Grilled Cheese with Tomato Soup Fruit and Veggie Bar	17 Eggos and Breakfast Sausage Fruit and Veggie Bar	18 Chicken Fingers and Fries Fruit & Veggie Bar	19
20	21 MLK Day No Lunch	22 Taco Tuesday Seasoned Beef and all the fixings. Fruit and Veggie Bar	23 Chili w/ Corn Chips, Sour Cream and Cheddar Cheese Fruit and veggie bar	24 PIZZA Cheese or Pepperoni Fruit and Veggie Bar	25 Breakfast Sandwiches (Sausage, Egg and Cheese) Fruit/Salad Bar	26
27	28 French Dip (Hot Roast Beef Sandwiches with Dipping Jus & Melted Cheese) Fruit and Veggie Bar	29 Spaghetti and Meatballs Fruit and Veggie Bar	30 Marinated Grilled Chicken with Grilled Vegetables & Rice Fruit and Veggie Bar	31 Flsh Sandwiches w/Tartar Sauce & PotatoChips Fruit and Veggie Bar	1 Corn Dogs and Pasta Salad Fruit and Veggie bar	

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