



August – September 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			28 Chicken Fingers and French Fries Salad and fruit bar	29 Hebrew National Hot Dogs & Pasta Salad w/Chips Salad/fruit bar	30 Bagels and Cream Cheese Salad/fruit bar	31
1	2 Labor Day No School	3 Taco Tuesday Seasoned Chicken w/fixings (GF available) Salad and Fruit Bar	4 Mac n' Cheese With Broccoli and Rolls Salad and fruit bar	5 Pizza Cheese or Pepperoni (GF available) Salad and fruit bar	6 Vegetables & Chickpea Curry w/Rice (GF available) Salad and fruit bar	7
8	9 Chili and Corn Chips (Cheddar and Sour Cream) (GF available) Salad and fruit bar	10 Chicken Cordon Bleu w/Couscous and Cheesy Broccoli Salad and fruit bar	11 Eggs , Breakfast Sausage with real VT Maple Syrup Salad and fruit bar	12 Haddock w/Rice Pilaf and Sweet Corn, Dinner rolls (GF w/o Roll) Salad and fruit bar	13 Cheese Ravioli, Breadsticks & Green Beans Salad and fruit bar	14
15	16 American Chop Suey with Cheesy Cauliflower (GF available) Salad and fruit bar	17 Chicken Patty Sandwiches with Potato Chips Salad and fruit bar	18 Grilled Marinated Chicken w/ Roasted Potatoes & Grilled Vegetable Medley (GF available) Salad and fruit bar	19 Cuban Sandwiches (Roast Pork, Ham, Swiss and Dijonaise on a Griddled Roll) (GF available) Salad and fruit bar	20 Corn Dogs w/Cole Slaw and Pretzels Salad and fruit bar	21
22	23 Chicken Fingers & Fries Salad and fruit bar	24 Hamburgers & Pasta Salad (GF available) Salad and fruit bar	25 Vietnamese Style Curry w/Rice & Potstickers (GF) Salad and fruit bar	26 Bratwursts Sauerkraut & Perogies (GF w/o Perogies) Salad and fruit bar	27 Beef Stew with Dinner Roll (GF w/o Roll) Salad and fruit bar	28

Monday, September 30

**Penne with Roasted Red Peppers,
Chicken, Artichokes, Spinach & Breadsticks
(GF Available)
Salad/Fruit Bar**

Salad and Fruit bar include: Yogurt, carrots, romaine, cucumbers, hard boiled eggs, diced ham, croutons, red peppers, broccoli, and assorted fruits